

# Diet and Nutrition Wellness Event

Topics include:  
Benefits of eating well  
Tips for eating well  
Problems eating  
Taking control

To book your place please call the Macmillan Community Cancer Navigators  
on 01483 782056 or email [vcl.cancernavigators@nhs.net](mailto:vcl.cancernavigators@nhs.net)



**When** -17 June 2019

**Time** - 2.30-4.30

**Where** - The Health Education Room, Camberley Health Centre, 159  
Frimley Road, Camberley, GU15 1QA

Free Parking