






YOUR STOP SMOKING SERVICE

COVID-19 UPDATE

All our face to face clinics will now transfer to telephone/quitline support. All patients new and existing will be offered this support. You may self-refer as below.

-  **WEB** - Visit our website for information & advice
-  **TALK** - Call, text or email a Stop Smoking Advisor
-  **MEET** - Arrange to meet an Advisor by phone or web

www.smokefreehampshire.co.uk

01264 563039 | 0800 772 3649 | Text **QUIT 66777**

smokefree.hampshire@nhs.net

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Hampshire
County Council